



MONTANA ASSOCIATION OF NATUROPATHIC PHYSICIANS
PO Box 217 – HELENA, MT 59624
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2010 Spring CME – March 27 & March 28
Boulder Hot Springs

Tentative Agenda

*****7.5 CME hours – 5.0 clinical / 2.5 pharmacy*****

Saturday March 27

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|----------------|--|
| 12 Noon | Lunch |
| 1:00 – 5:30 pm | Continuing Medical Education
<i>Speaker: Eric Yarnell, N.D.</i> |
| 5:30 – 6:30 pm | MANP General Membership Business Meeting |
| 6:30 pm and on | Dinner – Evening is free for swimming and socializing. |

Sunday March 28

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|-------------------|--|
| 8:00 am | Breakfast |
| 9:00 am – 12 noon | Continuing Medical Education
<i>Speaker: Eric Yarnell, N.D.</i> |

Presented by Eric Yarnell, ND

Updates on Men's Health

- Chronic renal failure (and related conditions such as nephrotic syndrome and glomerulonephritis)
- Chronic prostatitis/chronic pelvic pain
- Interstitial cystitis in men
- BPH
- Prostate cancer
- Prostatic intraepithelial neoplasia
- Erectile dysfunction
- "Men's health above the waist"

While botanical treatments will be a focus, the total naturopathic approach to patients with these concerns will be reviewed and discussed including case presentations.

--Continued--

Update on Botanical Medicine Research

- The most important studies in the past two years of clinical relevance
- Clinical trials regarding beneficial uses and safety of herbs
- Negative clinical trials
- Trials suggesting potential hazards
- Drug-herb interactions
- Miscellaneous intriguing possibilities from preclinical studies
- How to critically read herbal research

Clinical Prescribing of Botanical Medicine

- Critical aspects of formulating effectively in clinical practice.
- Making herbal formulation cost effective for patients.
- Forgotten, lost, overlooked, and misunderstood herbs to expand the materia medica, such as *Pedicularis bracteosa*, *Pueraria lobata* ssp *montana*, *Ailanthus altissima*, *Taxus brevifolia*, *Nuphar polysepalum*, *Catharanthus roseus*, *Menyanthes trifoliata*, *Lythrum salicaria*, *Lobaria pulmonaria*, etc.
- Particularly effective base formulas.
- Ecological prescribing of herbs.
- Participants will be presented with complex cases to practice formulation.

Tentative schedule for topics

First day – Clinical, naturopathic tx, overlap and finish second day,

Second day – Emphasize drug/herb interactions, hazards, and lastly research.



Eric Yarnell, N.D. graduated from Bastyr University in 1996 and is currently assistant professor of botanical medicine there. He is former chair of botanical medicine at the Southwest College of Naturopathic Medicine and completed a two-year residency with Dr. Silena Heron, herbalist and naturopathic physician who was the first chair of botanical medicine at Bastyr University. He has 14 years of clinical experience formulating herbs. He is chief medical officer of Northwest Naturopathic Urology. He works in the Bastyr Integrative Oncology Research Center doing research on whole system naturopathic care with an emphasis on herbal medicine compared to conventional care in people with urological cancers. He is co-author of *Clinical Botanical Medicine 2nd ed* and *A-Z Guide to Drug-Herb-Nutrient Interactions* and author of *Naturopathic Gastroenterology*, *Naturopathic Urology and Men's Health*, and many other texts and articles. He has lectured nationally and internationally on herbal medicine. He has a passion for participatory or active learning and hopes to bring this to the seminar.